

ATHLETICO

PHYSICAL THERAPY

PATIENT INFORMATION

(Please complete both sides of form)

Date _____ Clinic _____

Name _____
(First) (Last) (Middle)

Address _____ Apt # _____

City _____ State _____ Zip _____

Day Phone _____ Home Phone _____

Cell Phone _____ If you would like to receive text messages, please check here ☐

Birth Date _____ E-Mail _____

For updates, seminars, event notices

Marital Status Married ☐ Single ☐ Other ☐ Sex M ☐ F ☐ Former Patient: Yes ☐ No ☐

Other than your doctor, how did you hear of Athletico?

Professional Org. * Golf * Performing Arts * Website * Insurance * Athletico Location/Signage

Endurance * Rugby * Advertisement * None, Physician referral * Athletico Fitness/Massage Staff * Club/Organization

Athletico/Accelerated Rehab

If a category was circled above, please specify name/organization _____

Were you referred by a patient of Athletico? Yes ☐ No ☐ If yes, name _____

Were you referred by an Athletico Employee? Yes ☐ No ☐ If yes, name _____

Have you had therapy within the calendar year? Yes ☐ No ☐ If yes, where _____

CURRENT EMPLOYMENT/SCHOOL INFORMATION

Employer _____ School _____

PHYSICIAN INFORMATION

Referring Physician _____ Phone _____

Address _____

If you would like us to send copies of correspondence to your primary care physician, please complete:

Primary Care Physician _____ Phone _____

Address _____

ADDITIONAL INFORMATION

What is your Primary language? _____

You have the right to an interpreter at no cost to you. If you need these services notify your Clinician or Office Coordinator.

Do you need an interpreter? Yes ☐ No ☐

AUTO/3RD PARTY AUTO INFORMATION

Is this an Auto Accident? Yes ☐ No ☐ Date of accident _____

In what city and state did the accident occur? _____

Is this a Lawsuit? Yes ☐ No ☐ Law firm name _____

Attorney Name _____ Attorney Phone _____

INSURANCE INFORMATION

Primary Insurance Company _____

Name of Policy Holder _____ Relationship _____

Date of Birth _____ ID # _____ Group # _____

Secondary Insurance Company _____

Name of Policy Holder _____ Relationship _____

Date of Birth _____ ID # _____ Group # _____

Have you verified your therapy benefits with your insurance? Yes ☐ No ☐ If not, we strongly encourage you to do so.

WORKERS COMPENSATION

Employers Name: _____ Employers Phone#: _____

Employer Headquarters – City/State: _____

Job Title: _____

Is this an approved Worker's Comp Injury? Yes ☐ No ☐ Date of Injury _____

In what city and state did the injury occur? _____

Law Firm Name _____ Attorney Name _____

Attorney Phone _____

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PATIENT MEDICAL HISTORY & INTAKE QUESTIONNAIRE

Name: _____ Age: _____

What problem(s) are you being treated for today? (Describe type and location of symptoms) _____

What date (roughly) did your present symptoms start? _____

How did your problem(s) begin? _____

My symptoms are currently: **GETTING BETTER** **GETTING WORSE** **STAYING THE SAME**

My symptoms currently: **COME AND GO** **ARE CONSTANT** **CONSTANT, BUT CHANGE WITH ACTIVITY**

What makes your symptoms *better*? _____

What makes your symptoms *worse*? _____

What time of day are your symptoms worse: **MORNING** **AFTERNOON** **EVENING** **OVERNIGHT**

Treatment received so far for this problem (please circle): **Chiropractic** **Acupuncture** **Injections**

Physical/Occupational Therapy

Other: _____

Have you received physical/occupational therapy within the last calendar year? **YES** **NO**

Approximately how many treatment sessions have you received this calendar year? _____

Indicate special tests performed for this problem and results if known (circle all that apply):

X-ray _____ **Bone Scan** _____ **CT scan** _____ **MRI** _____

Other: _____

What is your goal for therapy? _____

Date of next physician appointment: _____

MEDICAL HISTORY

Have you recently noted any of the following (check all that apply):

- ☐ Changes in bowel or bladder function
- ☐ Shortness of breath
- ☐ Nausea/vomiting
- ☐ Weakness/fatigue

- ☐ Headaches
- ☐ Dizziness/lightheadedness
- ☐ Difficulty maintaining balance while walking
- ☐ Difficulty swallowing

- ☐ Weight loss/gain
- ☐ Numbness/tingling
- ☐ Fever/chills/sweats
- ☐ Pain at night
- ☐ Changes in appetite

Please list past medical history (i.e., falls, pacemaker, surgeries) including dates (indicate if for current condition):

Please list any allergies (i.e., latex, adhesives):

Are you pregnant? YES NO If Yes, number of weeks: _____

During the past month, have you been bothered by feeling down, depressed, or hopeless? YES NO

During the past month, have you been bothered by having little interest or pleasure in doing things? YES NO

Is this something with which you would like help? YES YES, BUT NOT TODAY NO

MEDICATIONS

Please provide names of all medications, vitamins, supplements, and over-the-counter drugs you are currently taking. We can copy a detailed list if you have one.

Medication Name	How much (dose)	How often	How taken (circle one)					
			ointment	pill	drop	patch	injection	inhaler
_____	_____	_____	ointment	pill	drop	patch	injection	inhaler
_____	_____	_____	ointment	pill	drop	patch	injection	inhaler
_____	_____	_____	ointment	pill	drop	patch	injection	inhaler
_____	_____	_____	ointment	pill	drop	patch	injection	inhaler
_____	_____	_____	ointment	pill	drop	patch	injection	inhaler
_____	_____	_____	ointment	pill	drop	patch	injection	inhaler

List any medication(s) you are allergic to and your reaction: _____

SOCIAL HISTORY

Home:

Please circle choice that applies: House Condo/Apartment Group Residence Nursing Home

Do you live alone? Yes No

Occupation:

Are you currently working? Light duty Full Duty Not Working If not working, date last worked: _____

Leisure Activities/Hobbies/Exercise Routine: _____

What activities comprise your day? (circle all that apply): Sitting Standing Walking Lifting Other: _____

Do you use tobacco? YES NO If yes, indicate type, amount, and frequency: _____

Alcohol intake and frequency: _____

Is there anything else we should know that is pertinent to your treatment? _____

The above information I have supplied is complete, true, and correct to the best of my knowledge.

Patient/Guardian Signature _____ Date _____

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Consent and Statement of Financial Responsibility

1. CONSENT FOR TREATMENT: I consent to and authorize my physical therapist, occupational therapist and other healthcare professionals and assistants who may be involved in my care, to provide care and treatment prescribed by and/or considered necessary or advisable by my physician(s)/health care provider(s). I acknowledge that no guarantees have been made to me about the results of treatment.

2. APPOINTMENT ATTENDANCE AGREEMENT: I understand the importance of attending therapy consistently and arriving promptly for my appointment. I acknowledge that I may be rescheduled if I arrive more than 15 minutes late for my scheduled appointment. I understand the importance of scheduling appointments in advance and acknowledge that appointment times given one week do not automatically follow through to subsequent weeks. I agree to provide at least 24 hours notice when I need to cancel or reschedule an appointment and that cancellation of less than 24 hours or not showing up for an appointment will likely result in a cancel/no show charge of \$30 or \$60 depending on appointment type.

WORKER'S COMPENSATION PATIENTS: We appreciate your full cooperation in attending all scheduled therapy sessions. We are required to inform your Worker's Compensation Adjuster and/or Rehabilitation Manager of all missed or canceled appointments. It is also required that all missed visits be rescheduled.

3. RESPONSIBILITY FOR PAYMENT: All co-payments are due at the time of service. I acknowledge that in consideration of the services provided to me by Athletico, I am financially responsible for payment of my bill. I acknowledge that it is my responsibility to provide Athletico with current insurance information and to familiarize myself with my insurance plan and its policies. Any questions I have regarding my health insurance coverage or benefit levels should be directed to my health plan. My health insurance plan may provide that a portion of the charges and balance will remain my personal responsibility, such as my deductible, co-payment, co-insurance or charges not covered or denied by my health insurance, Medicare, or other programs for which I am eligible.

When you provide a check as payment in the clinic, you authorize us to use the information from your check to process a one-time Electronic Funds Transfer (EFT/ACH) or a draft drawn from your account, or to process the payment as a check transaction. When we use information from your check to make an EFT, funds may be withdrawn from your account as soon as the same day and you will not receive your check back from your financial institution.

Please note that refusal to sign this form does not change responsibility for payment in any way.

4. ASSIGNMENT OF BENEFITS: I hereby assign to Athletico all my rights and claims for reimbursement under my health insurance policy. I agree to provide information as needed to establish my eligibility for such benefits.

5. ACCESS TO AND RELEASE OF HEALTH INFORMATION: I understand that Athletico may document medical and other information related to my treatment in electronic and other forms and that such information will be used in the course of my treatment, for payment purposes and to support those who are caring for me. I authorize my clinician(s) and Athletico's administrative staff to contact other healthcare professionals that may have information related to my prior and current health conditions and treatment. I acknowledge that I have received Athletico's Notice of Privacy Practices and that it outlines how my health information will be used and disclosed and how I may gain access to and control my health information.

6. HIPAA CONSENTS: In compliance with HIPAA regulations, I consent to the following individuals receiving verbal information regarding the billing of my account:

Name/Relationship

Name/Relationship

Name/Relationship

I also authorize the release of appointment information left in a voice-mail, answering machine or text message and understand that there is some level of privacy risk associated with these forms of communication.

7. CONSENT FOR EMERGENCY CONTACT INFORMATION

Person to contact in case of an emergency:

Name

Telephone Number

Relationship:

By my signature below, I certify that I have read, understand, and fully agree to each of the statements in this document and sign below freely and voluntarily.

Signature of Patient or Legally Responsible Person

Date

Printed Name of above

Date

NOTICE OF PRIVACY PRACTICES

ATHLETICO

PHYSICAL THERAPY

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED
AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.
PLEASE REVIEW IT CAREFULLY.**

This Notice of Privacy Practices describes how we may use and disclose your Protected Health Information (PHI) to carry out treatment, payment or healthcare operations, and for other purposes that are permitted or required by law. It also describes your rights to access and control your PHI. PHI about you is maintained as a written and/or electronic record. Specifically, it individually identifies you and relates to (1) your past, present, or future physical or mental health; (2) related healthcare services; or (3) your past, present or future payment for your healthcare.

We are required by law to maintain the privacy of your health information and provide you with a copy of this notice. We are required to abide by the terms of this notice. We reserve the right to change the terms of this notice, and make the revised or changed notice effective for all health information that we maintain. Any changes to this notice will be posted in our facilities and on our website. Paper copies will be available upon request.

HOW WE MAY USE AND DISCLOSE PROTECTED HEALTH INFORMATION ABOUT YOU:

For Treatment. We may use health information about you to provide, coordinate or manage your healthcare and related services. We may disclose health information about you to your doctor, staff or others who are involved in taking care of you and your health. For example, your doctor may be treating you for a heart condition, which we may need to know about to determine the best plan of care.

For Payment. We may use and disclose health information, as needed, about you so the treatment and services you receive may be billed, and payment may be collected from you, an insurance company or a third party. For example, this may include certain activities that your health insurance plan may undertake before it approves or pays for the healthcare services we recommend for you, such as making a determination of eligibility or coverage of health benefits.

Healthcare Operations. We may use or disclose, as-needed, your protected health information for our day-to-day health care operations to ensure that you and other patients receive quality care. For example, we may use or disclose PHI relating to the evaluation of patient care, business management activities, quality assessment and improvement, employee reviews, legal services, and auditing functions. All disclosures of your PHI will be limited to the minimum necessary or that which is contained in a limited data set (e.g. PHI that excludes certain identifiers including demographic information, photographs, et cetera).

OTHER ALLOWABLE USES OR DISCLOSURES OF YOUR PROTECTED HEALTH INFORMATION:

Special Notices. We may contact you at the address and phone number you provide (including leaving a voice message) about scheduled or canceled appointments, billing and/or payment matters. We may also contact you about health related services or Accelerated or Athletico locations that may be of interest to you.

Required by Law. We may use or disclose your health information when required to do so by federal or state law. We must also disclose your protected health information when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with requirements under the Privacy Rule.

Public Health Risks. We may release your health information for public health activities. For example, disclosures related to the quality, safety or effectiveness of a product, prevention or disease control, to coroners, medical examiners and funeral directors as needed to perform their duties as required by law, and organ procurement organizations for the purpose of facilitating organ, eye or tissue donation and transplantation.

Victims of Abuse, Neglect or Violence. We may disclose your information to a government authority authorized by law to receive reports of abuse, neglect or violence relating to children or the elderly.

Health Oversight Activities. We may disclose your health information to health agencies authorized by law to conduct audits, investigations, inspections, licensure and other proceedings related to oversight of government regulatory programs.

Judicial and Administrative Proceedings. We may disclose your health information in the course of an administrative or judicial proceeding in response to a court order. Under most circumstances, when the request is made through a subpoena, a discovery request, or involves another type of administrative order, your authorization will be obtained before disclosure is permitted.

Law Enforcement. We may disclose your health information for law enforcement purposes.

Research. Your health information may be used for research purposes in certain circumstances with your permission, or after we receive approval from a special review board whose members review and approve the research project.

To Avert a Serious Threat to Health or Safety. We may disclose your health information when necessary to prevent a serious threat to your health and safety, or the health and safety of a particular person or the general public.

Specialized Government Functions. We may disclose health information for military and veterans' affairs, or national security and intelligence activities.

Worker's Compensation. Both state and federal law allow, without your authorization, the disclosure of your health information that is reasonably related to a worker's compensation injury. These programs may provide benefits for work-related injuries or illness.

Others Involved in Your Healthcare. Unless you object, we may disclose to a family member, relative or close friend your PHI that directly relates to that person's involvement in your care. If you have a personal representative, such as a legal guardian (or an executor or administrator of your estate after your death), we will treat that person as if that person is you with respect to disclosures of PHI.

Business Associates. We may disclose PHI to our business associates who perform functions on our behalf or provide us services if the PHI is necessary for those functions or services. For example, we may use a shredding company to destroy paper medical records. To protect your health information, we require the business associate to appropriately safeguard your information.

Information Not Personally Identifiable. We may use or disclose health information about you in a way that does not personally identify you or reveal who you are.

Non-Custodial Parent. We may disclose PHI about a minor equally to the custodial and non-custodial parent unless a court order limits the non-custodial parent's access to the information.

USES AND DISCLOSURES THAT REQUIRE YOUR AUTHORIZATION:

If you do authorize us to use or disclose your health information for another purpose, you may revoke your authorization in writing at any time. Your decision to revoke authorization will not affect or reverse any use or disclosure that occurred before you notified us of your decision.

SPECIAL PROTECTIONS FOR HIV, ALCOHOL AND SUBSTANCE ABUSE, MENTAL HEALTH, AND GENETIC INFORMATION:

Special privacy protections apply to HIV-related information, alcohol and substance abuse, mental health, and genetic information. Please contact our Manager of Privacy and Compliance for more information.

YOUR HEALTH INFORMATION RIGHTS:

You have the right to inspect and copy your protected health information. You have the right to inspect and obtain a copy of your healthcare information. This includes health and billing records. Your request to inspect and obtain a copy of your healthcare information must be made in writing to: the Facility Manager/Front Office Coordinator where treatment was rendered. In addition, we may charge you a reasonable fee to cover our expenses for copying your health information.

We may deny your request to inspect and copy your PHI in certain very limited circumstances. If you are denied access to health information, you may request that the denial be reviewed. Another licensed health care professional chosen by our practice will review your request and the denial. The person conducting the review will not be the person who participated in the original decision to deny the request for access.

Right to an electronic copy of electronic medical records. If your PHI is maintained in an electronic format (known as an electronic medical record or an electronic health record), you have the right to request an electronic copy of your record be given to you or transmitted to another individual or entity.

Right to receive a security breach notice. You have the right to receive written notification if Accelerated or Athletico discovers a breach of unsecured PHI, and determines through a risk assessment that notification is required.

You have the right to request an amendment to your protected health information. If you believe the health information we maintain about you is incorrect or incomplete, you may ask us to amend the information. An amendment request must be made in writing, and must provide reasons to support your request. In certain cases we may deny your request for an amendment if: Your request is not in writing or does not include reasons to support the request; the medical record was not created by us, the person who created the information is no longer available to make the amendment, the record is not part of the health information we maintain, is not part of the information which you would be permitted to inspect and copy, or is accurate and complete.

You have the right to request a restriction of your protected health information. You have the right to request a restriction or limitation on the health information we use or disclose about you for treatment, payment or healthcare operations. You also have the right to request a limit on the health information we disclose about you to family members or friends who may be involved in your care or payment for your care. Your request must state the specific restriction requested and to whom you want the restriction to apply. We are not required to agree to your requested restriction. If we agree, we will comply unless we terminate our agreement or the information is needed to provide emergency treatment to you.

Out-of-pocket payments. If you paid out-of-pocket in full for a specific item or service, you have the right to request that your PHI with respect to that item or service not be disclosed to a health plan for purposes of payment or health care operations. We are required to agree to your request.

You have the right to request that you receive confidential communications. You have the right to request confidential communication from us by alternate means or at an alternate location. For example, you may ask that we only contact you at work or by mail.

You have the right to receive an accounting of certain disclosures. You have the right to receive a list of disclosures of your PHI that we have made, except for disclosures pursuant to an authorization, for purposes of treatment, payment, healthcare operations, or required by law. Your request must state a time period which may not be longer than 6 years before your request.

You have the right to obtain a paper copy of this notice, even if you agreed to receive the notice electronically.

HOW TO EXERCISE YOUR RIGHTS: To exercise your rights described in this notice, you must submit your request in writing to: Karin Butikofer, Manager of Privacy and Compliance, Athletico, 625 Enterprise Drive, Oak Brook, IL 60523.

Complaints: If you believe your privacy rights have been violated, you may file a complaint with our practice. We request that you file your complaint in writing so we may better assist in the investigation of your complaint. Send your written complaint to: Karin Butikofer, Manager of Privacy and Compliance, Athletico, 625 Enterprise Drive, Oak Brook, IL 60523.

You may also file a complaint with the Secretary of the U.S. Department of Health and Human Services, 200 Independence Avenue S.W., Washington D.C. 20201, or through the DHHS. Additional information can also be found on their website at www.hhs.gov/ocr/hipaa/.

You will not be penalized or otherwise retaliated against for filing a complaint.

If you want more information about our privacy practices or have questions please contact:

**Karin Butikofer, Manager of Privacy & Compliance
Athletico, 625 Enterprise Drive, Oak Brook IL 60523
Phone: 630-575-1962; email: kbutikofer@athletico.com**