

Webinar Agenda

Today's Webinar is from 8:30am to 9:30am CST

Agenda

8:20 am - 8:30 am: Participants join call

8:30 am: Host Introductions

8:35 am: Dr David J King *Surgical and Non-Surgical Options*

For the Hip: Weighing the Options

9:20 am: Q & A

9:30 am: Closing Remarks

Telehealth

888-8-Work4U

Participants

If you have a question during the webinar you can enter your question in the Q & A section. At the end of the webinar our moderator will pose these questions to speaker.

Phone lines are muted during the presentation.

In approximately 48-72 hours after the webinar those of you who have been logged in for the entire duration webinar will qualify to receive CEUs and will receive an email with the following materials to obtain them:

Link to surveymonkey. The link is to the evaluation form which must be completed in order to receive your CEU(s). Once you complete the survey you will be routed to a link to receive a copy of the CEU Certificates you would like to print.

You are only able to log in one time into surveymonkey with your email address, therefore, you must complete the survey to the end in order to access the CEU certificates

1.0 CEU for IL RN, IN ADJ, CCMC, CRCC, MI RN via CA/FL BON, TX DOI

IA RN will be mailed out after the event

Today's Speaker:

Surgical and Non-Surgical Treatments for the Hip: Weighing the Options

Education

David J King, M.D.

practice

David J King, M.D.

Key to proper treatment is proper diagnosis

Diagnostic Difficulties

- Location of the socket
- Layers of tissue
- Lack of specific physical exam findings

Goals

IS THIS A HIP JOINT ISSUE OR OUTSIDE OF THE JOINT?

First Question?

HIP JOINT INJURIES

- Cartilage defects & loose bodies
- Labral tears
- Femoral head & neck fractures

NON HIP JOINT INJURIES

- Muscle and tendon tears
- Pelvic fractures
- Femur fractures
- Bursitis

DIAGNOSTIC INJECTIONS

FRACTURES & BONE PATHOLOGY

Gluteus medius tendon tears & Trochanteric Bursitis

GLUTEUS MEDIUS TEARS & TROCHANTERIC BURSITIS

LARGE CONTUSION

MRI & ULTRASOUND

GLUTEUS MEDIUS REPAIR & BURSECTOMY

HAMSTRING TEARS

HAMSTRING TEARS

MRI: ACUTE VS CHRONIC

HAMSTRING TEARS

SURGICAL REPAIR

HIP LABRAL TEARS & FEMOROACETABULAR IMPINGEMENT (FAI)

NORMAL HIP FUNCTION

BONY IMPINGEMENT (FAI)

Ganz et al. described two varieties of FAI: cam and pincer

(Ganz et al. CORR 2003)

BONY IMPINGEMENT (FAI)

Most common pattern is combined or mixed impingement

EVENTS & IMPINGEMENT

LABRAL TEAR & CARTILAGE DELAMINATION

MOST COMMON WORK INJURY IS A LABRAL TEAR IN THE SETTING OF HIP IMPINGEMENT

PRE-EXISTING OR WORK RELATED IN IMPINGEMENT?

Acute Event

- Previous symptoms?
- Does the mechanism fit?

Insidious onset

- Symptoms over time
- No true event
- Prevailing factor is pre-existing FAI

PRE-EXISTING OR WORK RELATED IN IMPINGEMENT?

- Importance of Imaging
 - Evidence of chronicity
 - Bone cysts are different than paralabral cysts

PRE-EXISTING OR WORK RELATED IN IMPINGEMENT?

HIP IMAGING

HIP IMAGING

HIP ARTHROSCOPY

LABRAL REPAIR

CAM FAI RESECTION

POST OP

Breg hinged hip brace

Crutches for 2 weeks

CPM for early ROM

DVT prophylaxis

Physical therapy starts immediately

Research

AJSM 2013

Hip arthroscopy for workers compensation: a matched-pair controlled study

Lower functional outcome scores in the work comp group, but BOTH showed statistically significantly improvement from pre-op

Surgical and Non-Surgical Treatments for the Hip: Weighing the Options

Thank you for joining us...

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****Remember only those who participated for the entire duration of the webinar are eligible to receive their CEU's.**