

# Benefits For Life and Beyond

# Health Benefits 🛞 Industry Best in Class

At Athletico we offer a comprehensive benefits package, providing eligible employees the ability to choose between **three medical options** including a PPO, HSA, and Minimum PPO plan, as well as **a dental plan** and **a vision plan**. Eligibility begins day one of employment.

## Health Savings Account (HSA) Industry Best in Class

Employees can contribute funds into a pre-tax HSA to pay for qualified medical expenses now and in the future. Athletico will match employee contributions, dollar for dollar, on a quarterly basis. Match is for single and family coverage, up to a limit. HSA funds can also be invested after a minimum balance threshold, and these accounts allow you to enjoy a triple tax advantage.

# Health Care & Dependent Care Flexible Spending Accounts (FSA)

Employees can set aside a predetermined dollar amount annually on a pre-tax basis to cover eligible health care and dependent daycare expenses throughout the year.

# **Commuter Benefits**

Employees can set aside pre-tax and post-tax dollars to pay for eligible transportation and parking expenses.

# Paid-Time Off (PTO)

# **Includes Vacation, Sick, And Personal Time**

- Eligible employees start accruing PTO immediately upon hire, no waiting period.
- All PTO hours are prorated for new hires based upon date of hire. Calendar year runs from January to December.
- Employees rollover unused PTO, up to a maximum of 40 hours.

# 401(K) Retirement Plan

All employees age 21 and over may contribute immediately upon hire to a traditional or Roth 401(k). Athletico provides a discretionary 401(k) annual match of an employee's contribution.

# Basic Life Insurance and Accidental Death & Dismemberment (Company Paid)

Eligible employees will receive Basic Life insurance and AD&D coverage equal to 2x base salary.

# Additional Voluntary Life Insurance (For Employee, Spouse And Children)

Eligible employees can purchase additional life insurance up to 5x base salary. Spousal and child life insurance is also available.

# Short and Long-Term Disability (Company Paid)

Eligible employees will be offered Short and Long-Term Disability benefits equal to 60% of pre-disability earnings.

# Well-being Programs

Eligible employees also have access to programs such as Ovia, Headspace for Work, Perks at Work, Global Fit, and Healthy Learn.

# **Employee Assistance Program (Company Paid)**

Available 24 hours a day, seven days a week with confidential support, guidance and resources.

# Opportunities To Increase Compensation (For Eligible Team Members)

- Annual merit increase eligibility
- Annual incentive opportunities based on eligibility and position

## **Holidays**

New Year's Day, Memorial Day, Labor Day, Independence Day, Thanksgiving Day, Christmas Day, plus two floating holidays.



# Professional Development

Athletico strives for clinical excellence through providing unparalleled learning opportunities in order to continuously improve our expertise.

# Advanced Benefit of Certification (ABC)

## Pathway 1: Up to \$2,500 (includes \$500 for travel)

(CEU Bank \$1,000 + ABC \$2,500 = \$3,500)

## Included but not Limited to:

Certified Hand Therapist (CHT), CHT Re-certification, ASTYM, American Institute of Balance-Vestibular and Concussion Certification, McKenzie-MDT, Active Release Technique, Maitland, Institute of Physical Art, Transitional DPT, MBA, Herman and Wallace

## Pathway 2: 75% of certification covered

#### **Evidence in Motion (EIM)**

Orthopaedic Residency, Sports Residency, Manual Therapy Certification and OMPT Fellowship

## Institute of Manipulative Physiotherapy and Clinical Training (IMPACT)

Certified Manual Therapist (CMPT), Certified Orthopaedic Manipulative Therapist (COMT), Fellowship

## **Athletico Offers**

- Clinical Program Education
- Annual CEU Calendar
- Residency, Manual Therapy Certification & Fellowship
- Advanced Benefit of Certification
- Regional AU Events

## Annual CEU Bank - Up to \$1,000

- Up to \$1,000 + unlimited access to MedBridge CEU
- Professional Conference Rule
  - Pay for conference from CEU Bank + Travel
- State Licensing Fee
  - Eligible to use CEU Bank
- External Courses

#### + Paid Education Days

(5 for Full-Time & 2 for Part-Time)

- Clinician Program Prep Courses (4-8 hours of CEU)
- Regional Athletico University Lectures

## + Free to Clinical Staff

- Clinician Program Prep Courses (4-8 hours of CEU)
- Regional Athletico University Lectures
- CPR Certification/Re-Certification
- MedBridge
- Licensure Prep Courses

#### + 40-50 Internal Courses per year

Athletico University is a dynamic system of education opportunities taught by physicians, Athletico staff, and world-renowned practitioners providing cost effective high value courses.



For current opportunities, please go to: athletico.com/careers

 To join our Talent Community and stay up-to-date on company news, career opportunities and upcoming events, visit: careers-athletico.icims.com/connect